

## **CORPORATE CATERING FORM**

**Ph** - 03 9041 7032 OR 0402 307 207 11 Exhibition Street, Melbourne

**Email**: catering@thefairtradercafebar.com.au

Name:	Person responsible
	on the day:
Contact Number:	Contact Number:
Order date:	
Delivery date:	
Delivery time:	
No of people:	

**PLEASE NOTE:** Any amendments (including additions) to orders will require a <u>NEW</u> catering form to be sent

**48 HOURS NOTICE REQUIRED** on all orders unless otherwise discussed with The Fair Trader **All catering orders can be delivered to the specified address.** 

#### **SALADS**

ITEM	Туре	QUANTITY	COST	COMMENTS/SPECIAL REQUIREMENTS
QUINOA SALAD: Organic Quinoa,	Veg		\$80 per platter	
Broccoli, Avocado & Pepitas, seeds,	G/F		\$40 half platter	
cranberries with olive oil Dressing.				
CHICKEN AVOCADO: Mixed leaf	G/F		\$80 per platter	
lettuce, tomatoes, avocado,			\$40 half platter	
cucumber & chicken with				
mayonnaise dressing				
ROASTED BEETROOT: mixed leaf	G/F		\$80 per platter	
lettuce, goats cheese, lettuce,			\$40 half platter	
walnuts, beetroot, broccoli, orange				
Dressing.				
TANDOORI CHICKEN:	G/F		\$80 per platter	
Mixed Green Salad, carrot, onion,			\$40 half platter	
cucumber with low fat Yoghurt				
Dressing.				

<sup>\*</sup>Platters are approximately 12 serves

<sup>\*</sup>If you have special dietary requirements please let us know

<sup>\*</sup> Veg = Vegetarian \*G/F = Gluten Free \* V = Vegan

ROAST PUMPKIN: Parsnips, Sweet	V	\$80 per platter
Potato, cherry tomatoes & Pepitas	G/F	\$40 half platter
with Extra Virgin Olive Oil Dressing.		
PEARL BARLEY: Peas, Cherry	G/F	\$80 per platter
Tomato, fetta cheese with	'	\$40 half platter
Lemon and Basil Dressing.		
BROWN RICE Green Beans, Peas,	Veg	\$80 per platter
Corn, Blackcurrants, Almonds,	Veg	\$40 half platter
1	V	740 Hall Platter
Sunflower Seed & Dill with Lemon,		
Basil and Olive Oil Dressing.		400
MOROCCAN CHICKEN (Poached)		\$80 per platter
COUSCOUS Salad with		\$40 half platter
Moroccan Spices		
HOKKIEN BEEF Asian Style Salad		\$80 per platter
with Soya Dressing.		\$40 half platter
COUSCOUS Pumpkin, Coriander,	Veg	\$80 per platter
Sun-Dried Tomatoes & Cranberries		\$40 half platter
with Moroccan Spices, Lemon		
Dressing.		
CAPRESE Tomato, Bocconcini	Veg	\$80 per platter
Cheese, Basil & Rocket with Extra	8	\$40 half platter
Virgin Olive Oil.		¥ 15 11311 p.11131
GREEK SALAD Tomato, Red Onion,	Veg	\$80 per platter
	veg	\$40 half platter
Capsicum, Pitted Kalamata Olive &		740 Hall platter
Feta Cheese with Extra Virgin Olive		
Oil.		
GARDEN SALAD Mixed	Veg	\$60 per platter
Green Lettuce, Tomato, Cucumber,	G/F	\$30 half platter
Carrot, Onion with	V	
Balsamic Dressing		
CHICKEN WALDORF Lettuce,		\$80 per platter
Walnuts, Apple with In House		\$40 half platter
Mayo Dressing.		
DUKKAH SPICED CAULIFLOWER		\$80 per platter
Chick Peas, Pumpkin, Mint,		\$40 half platter
Coriander with Yoghurt Dressing.		
PASTA SALAD PRIMAVERA: Roast	Veg	\$80 per platter
veg, Mixed Leaf Salad, parmesan	VES	\$40 half platter
		740 Hall platter
Cheese with Balsamic & pesto		
Dressing.		
Marinated Chicken char-grilled (all		\$80 per platter
fresh herb marinate) on a bed of		\$40 half platter
garden salad		
10 min Black Angus Steak char	G/F	\$100 per platter
grilled on a bed of garden Salad		\$50 half platter
TOTAL		
	1	

### SANDWICHES ANY SANDWICHES CAN BE MADE ON GLUTEN FREE BREAD

ITEM	Туре	QUANTIT	COST	COMMENTS/SPECIAL REQUIREMENTS
		Υ	4.0.00	
ROAST CHICKEN (Roasted in			\$12.00	Any Sandwiches can be made on Gluten
House) honey mustard mayo,			each	Free Bread
rocket , hazelnut.			4	
CHICKEN SCHNITZEL (Pan Fried)			\$12.00	
Avocado, Tomato & lettuce			each	
with Mayo or Tomato Relish.				
CHAMPAGNE HAM Tomato,	PORK		\$12.00	
Lettuce, low fat Swiss or Tasty			each	
Cheese, with Mustard Pickles				
TANDOORI CHICKEN (Roasted			\$12.00	
in House) Cucumber, Green			each	
Salad Mix, Yoghurt Dressing.				
PULLED LAMB SOUVA, lettuce,	LAMB		\$12.00	
onion, cucumber, fetta cheese			each	
on a flat Turkish bread w				
tzatziki				
"THE REUBEN" PASTRAMI,			\$12.00	
Pickles, Sauerkraut, low fat			each	
Swiss Cheese with Mild Dijon				
Mustard.				
PROSCIUTTO, Olives, Bocconcini	PORK		\$12.00	
Cheese, Rocket & Pesto			each	
ROAST BEEF Avocado, Roast			\$12.00	
Capsicum, mushrooms, low fat			each	
Cheese & Mustard Pickles.				
ROAST VEGETABLES Tomato,	Veg		\$12.00	
Goats Cheese, Rocket with			each	
Tomato Relish.				
HALOUMI CHEESE (Pan Fried),	Veg		\$12.00	
Roast Capsicum, Tomato &			each	
Rocket.				
FALAFEL WRAP Tomato,	Veg		\$12.00	
Sauerkraut, Pickles, Mixed			each	
Spices & Herbs with Yoghurt.				
TUNA Tomato, Swiss Cheese,	SEAFOOD		\$12.00	
Sun Dried Tomatoes & Rocket.			each	
SMOKED SALMON Lettuce, low			\$12.00	
fat Cream Cheese or			each	
Bocconcini, Red Onion &				
Chives.				
VEGGIE BURGERS (Made in	Veg		\$12.00	
House), Lettuce, Tomato, low	VCB		each	
fat Cheese with In house Mayo			Cucii	
or Relish.				
TOTAL				
IUIAL				

<u>Please note:</u> The Fair Trader uses wholemeal, sourdough or multigrain bread, wraps and flat breads. Please advise if changes are required. In most options with cheese and yoghurt, low fat varieties will be used, and sometimes replaced with avocado. Gluten Bread is available.

# **MORNING or AFTERNOON TEA OPTIONS**

\*wraps can be cut into pin wheel size if required.

ITEM	Туре	QUANTITY	COST (each)	COMMENTS/SPECIAL REQUIREMENTS
Seasonal Fruit platter			\$45.00	REQUIREIVIENTS
Fruit Salad with yogurt			\$7.50	
Trait Salad With yogurt			*cup size portion	
TOASTED GRANOLA with			\$7.50	
Cranberries, Coconut,			*cup size portion	
Hazelnuts and Yoghurt			cap size portion	
BIRCHER MUESLI	Veg		\$8.50 cup size	
	J		portion	
SOURDOUGH, Ham, low	PORK		\$8.00	
fat Cheese & Tomato.				
WRAPS				
Lite Ham, Avocado,			\$10.00	
spinach wraps				
Smoked Salmon, Avocado,	SEAFOOD		\$10.00	
Spinach & Chives wraps				
SCRAMBLED EGG	Veg		\$10.00	
WRAP or Seeded Roll,				
Mushroom, Cheese,				
Avocado & Relish.				
Roast Chicken, avocado,			\$10.00	
spinach & pesto wraps				
TOTAL				

## FINGER FOOD OPTIONS

ITEM	Туре	QUANTITY	COST (each)	COMMENTS/SPECIAL REQUIREMENTS
**Tzatziki Dip (200 grams)	Veg		\$10.00	
with 20 pieces of	G/F		(serves 3-4)	
carrot/celery sticks				
**Guacamole Dip (200	Veg		\$10.00	
grams) with 20 pieces of	G/F		(serves 3-4)	
carrot/celery sticks				
**Spicy Capsicum Dip (200	Veg		\$10.00	
grams) with 20 pieces of	G/F		(serves 3-4)	
carrot/celery sticks				
**Hummus Dip (200 grams)	Veg		\$10.00	
with 20 pieces of	G/F		(serves 3-4)	
carrot/celery sticks				
**Babba-Ganosh Dip (200	Veg		\$10.00	
grams) with 20 pieces of	G/F		(serves 3-4)	
carrot/celery sticks				
**Zucchini Fritter	Veg		\$4.00	Min 12 for an order
**Zucchini Slice	•		\$4.00	Min 12 for an order

**Veggie Burger	Veg V	\$12.00 (in roll salad)	with
Tomatoes, low fat ricotta & basil Bruschetta	Veg	\$4.00	Min 10 serves for an order
Bruschetta w Avocado & Goats Cheese		\$4.00	Min 10 serves for an order
TOTAL			

<u>Please note: All items are pan fried not deep fried. All dips are freshly made in house.</u>

### **DRINKS**

ITEM	QUANTITY	COST (each)	COMMENTS/SPECIAL REQUIREMENTS
Water 600ml still/sparkling 330ml		\$3.50	
Noahs juices		\$4.50	
Coffee small (max 15 per order)		\$3.80	
TOTAL			

<sup>\*</sup>minimum 30mins notice is required for all coffee orders. Please call The Fair Trader to confirm receipt of order

## Please be aware that coffee can be delayed due to volume of orders, coffee below:

COFFEE	MILK	SUGAR	COMMENTS/SPECIAL	NAME
	TYPE		REQUIREMENTS	
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

<sup>\*\*</sup>items require a 48 hour notification time