

GENERAL CORPORATE CATERING FORM

The Fair Trader - 03 9078 7544 OR 0481 358 221

11 Exhibition Street, Melbourne

catering@thefairtradercafebar.com.au



Name:		Person responsible on the day:	
Contact Number:		Contact Number:	
Order date:			
Delivery date:			
Delivery time:			
No of people:			

PLEASE NOTE: Any amendments (including additions) to orders will require a NEW catering form to be sent

No catering is delivered between 12 & 2pm.

*Platters (Full) are approximately 12- 14 serves

*If you have special dietary requirements please let us know

* Veg = Vegetarian *G/F = Gluten Free * V = Vegan

SALADS

ITEM	Type	QUANTITY	COST	COMMENTS/SPECIAL REQUIREMENTS
QUINOA SALAD, Organic Quinoa, Broccoli, Cucumber, Avocado, Cauliflower & Pepitas with Mustard Dressing.	Veg G/F		\$80 per platter \$40 half platter	
CALAMARI, Radicchio, Fennel, Cucumber, Celery, Cherry Tomatoes & lettuce with Lemon & olive Oil Dressing			\$80 per platter \$40 half platter	
SMOKED SALMON Spinach, Rocket, Dill, Poached Egg with Mustard Dressing.			\$80 per platter \$40 half platter	
TANDOORI CHICKEN Mixed Green Salad with low fat Yoghurt Dressing.			\$80 per platter \$40 half platter	
ROAST PUMPKIN, Beetroot, Parsnips, Sweet Potato & Pepitas with Extra Virgin Olive Oil Dressing.	V G/F		\$60 per platter \$30 half platter	
PEARL BARLEY Pomegranate, Cherry Tomato, Red Onion with Lemon and Basil Dressing.	V G/F		\$60 per platter \$30 half platter	
BROWN RICE Green Beans, Peas, Corn, Blackcurrants, Almonds, Sunflower Seed & Dill with Lemon, Basil and Olive Oil Dressing.	Veg V		\$60 per platter \$30 half platter	

MOROCCAN CHICKEN (Poached) COUSCOUS Salad with Moroccan Spices			\$80 per platter \$40 half platter	
JAPANESE BEEF Soba Noodles with Soya Dressing			\$80 per platter \$40 half platter	
HOKKIEN BEEF Asian Style Salad with Soya Dressing.			\$80 per platter \$40 half platter	
THAI BEEF Salad & Soba Noodles with Soya Dressing.			\$80 per platter \$40 half platter	
PRAWN & BROCCOLI Asian Greens with Soya Dressing			\$80 per platter \$40 half platter	
COUSCOUS Pumpkin, Coriander, Sun-Dried Tomatoes & Cranberries with Moroccan Spices, Lemon Dressing.	Veg		\$60 per platter \$30 half platter	
CAPRESE Tomato, Bocconcini Cheese, Basil & Rocket with Extra Virgin Olive Oil.	Veg		\$60 per platter \$30 half platter	
GREEK SALAD Tomato, Red Onion, Capsicum, Pitted Kalamata Olive & Feta Cheese with Extra Virgin Olive Oil.	Veg		\$60 per platter \$30 half platter	
GARDEN SALAD Mixed Green Lettuce, Tomato, Cucumber, Carrot, Onion with Balsamic Dressing	Veg G/F V		\$60 per platter \$30 half platter	
CHICKEN WALDORF Lettuce, Walnuts, Apple with In House Mayo Dressing.			\$80 per platter \$40 half platter	
DUKKAH SPICED CAULIFLOWER Chick Peas, Pumpkin, Mint, Coriander with Yoghurt Dressing.			\$60 per platter \$30 half platter	
PROSCIUTTO SALAD, Roast Pumpkin, Mixed Leaf Salad, Goats Cheese with Balsamic & Olive Oil Dressing.			\$60 per platter \$30 half platter	
Marinated Chicken char-grilled (all fresh herb marinate) on a bed of garden salad			\$80 per platter \$40 half platter	
10 min Black Angus Steak char grilled on a bed of garden Salad	G/F		\$80 per platter \$40 half platter	
TOTAL				

SANDWICHES

THE FAIR TRADER USE ONLY

ORDER #	1	2	3	4	5	TOTAL

ITEM	Type	QUANTITY	COST	COMMENTS/SPECIAL REQUIREMENTS
ROAST CHICKEN (Roasted in House) Basil Pesto, Lettuce & In House Mayo.			\$11.00 each	
CHICKEN SCHNITZEL (Pan Fried) Avocado, Tomato & Spinach or Lettuce with Mayo or Tomato Relish.			\$12.00 each	
CHAMPAGNE HAM Tomato, Lettuce, low fat Swiss or Tasty Cheese, with Mustard Pickles			\$11.00 each	
TANDOORI CHICKEN (Roasted in House) Cucumber, Green Salad Mix, Yoghurt Dressing.			\$11.00 each	
TURKEY Ricotta / cottage cheese, Rocket Leaves, Tomato & Cranberry Sauce.			\$11.00 each	
"THE REUBEN" PASTRAMI, Pickles, Sauerkraut, low fat Swiss Cheese with Mild Dijon Mustard.			\$11.00 each	
PROSCIUTTO, Green Split Olives, Bocconcini Cheese, Rocket & Pesto			\$11.00 each	
ROAST BEEF Avocado, Roast Capsicum, mushrooms, low fat Cheese & Mustard Pickles.			\$11.00 each	
ROAST VEGETABLES Tomato, Goats Cheese, Rocket with Tomato Relish.	Veg		\$10.00 each	
HALOUMI CHEESE (Pan Fried), Roast Capsicum, Tomato & Rocket.	Veg		\$11.00 each	
FALAFEL WRAP Tomato, Sauerkraut, Pickles, Mixed Spices & Herbs with Yoghurt.	Veg		\$10.00 each	
TUNA Tomato, Swiss Cheese, Sun Dried Tomatoes & Rocket.			\$10.00 each	
SMOKED SALMON Lettuce, low fat Cream Cheese or Bocconcini, Red Onion & Chives.			\$11.00 each	
VEGGIE BURGERS (Made in House), Lettuce, Tomato, low fat Cheese with In house Mayo or Relish.	Veg		\$10.00 each	
TOTAL				

Please note: The Fair Trader uses wholemeal, sourdough or multigrain bread, wraps and flat breads. Please advise if changes are required. In most options with cheese and yoghurt, low fat varieties will be used, and sometimes replaced with avocado. Gluten Bread is available.

MORNING or AFTERNOON TEA OPTIONS

THE FAIR TRADER USE ONLY

ORDER #	1	2	3	4	5	TOTAL

*wraps can be cut into pin wheel size if required

ITEM	Type	QUANTITY	COST (each)	COMMENTS/SPECIAL REQUIREMENTS
Seasonal Fruit platter			\$35.00	
Fruit Salad with yogurt			\$8.00 *cup size portion	
TOASTED GRANOLA with Cranberries, Coconut, Hazelnuts and Yoghurt			\$8.00 *cup size portion	
QUINOA PORRIDGE with seasonal Berries, Honey and roasted Almonds			\$10.00 *cup size portion	
BIRCHER MUESLI			\$8.00 cup size portion	
SOURDOUGH, Ham, low fat Cheese & Tomato.			\$8.00	
WRAPS				
Lite Ham, Avocado, spinach wraps			\$10.00	Can be cut in 1/2's or 1/4's
Smoked Salmon, Avocado, Spinach & Chives wraps				
SCRAMBLED EGG WRAP or Seeded Roll, Mushroom, Goats Cheese, Avocado & Relish.			\$10.00	"
Roast Chicken, avocado, spinach & pesto wraps			\$10.00	"
TOTAL				

FINGER FOOD OPTIONS

ITEM	Type	QUANTITY	COST (each)	COMMENTS/SPECIAL REQUIREMENTS
**Tzatziki Dip (200 grams) with 20 pieces of carrot/celery sticks	Veg		\$10.00 (serves 3-4)	

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**Guacamole Dip (200 grams) with 20 pieces of carrot/celery sticks	Veg		\$10.00 (serves 3-4)	
**Spicy Capsicum Dip (200 grams) with 20 pieces of carrot/celery sticks	Veg		\$10.00 (serves 3-4)	
**Hummus Dip (200 grams) with 20 pieces of carrot/celery sticks	Veg		\$10.00 (serves 3-4)	
**Babba-Ganosh Dip (200 grams) with 20 pieces of carrot/celery sticks	Veg		\$10.00 (serves 3-4)	
**Zucchini Fritter	Veg		\$4.00	Min 12 for an order
**Zucchini Slice			\$4.00	Min 12 for an order
**Veggie Burger	Veg		\$7.00 (Pattie only) \$10.00 (in roll with salad)	
Muffins, Slices & Cakes				Available
TOTAL				

Please note: All items are pan fried not deep fried. All dips are freshly made in house.

**items require a 48 hour notification time

DRINKS

ITEM	QUANTITY	COST (each)	COMMENTS/SPECIAL REQUIREMENTS
Water 600ml still		\$4.00	
Water 450ml sparkling		\$4.00	
Coffee small (max 15 per order)		\$3.50	
TOTAL			

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ORDER #	1	2	3	4	5	TOTAL

*minimum 30mins notice is required for all coffee orders. Please call The Fair Trader to confirm receipt of order

Please be aware that can be delayed due to volume of orders, coffee below:

COFFEE	MILK TYPE	SUGAR	COMMENTS/SPECIAL REQUIREMENTS	NAME
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

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